



**Concord Carlisle**  
*Adult & Community Education*

# Fall 2022



**Adult & Continuing Education  
Driver Education  
Instrumental Music School of Carlisle & Concord**

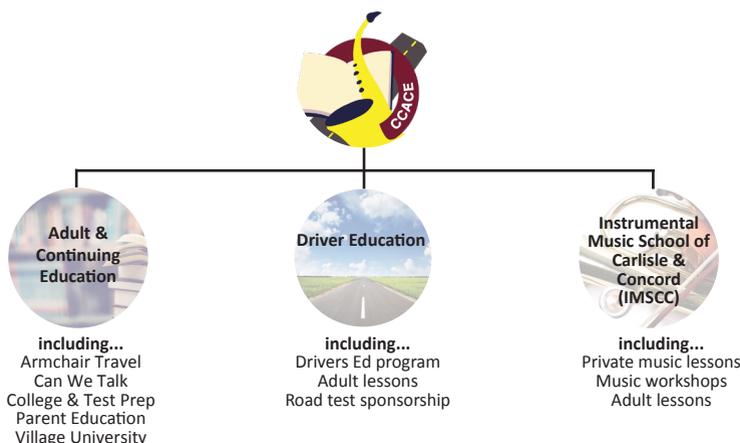
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Mask policy: Masks are optional for in-person programs. If you feel more comfortable wearing a mask, we encourage you to do so. Positive COVID individuals will need to mask for five days after returning from the five day quarantine period. Unvaccinated individuals are highly encouraged to mask. You will be alerted if policies change prior to your class.

## Check out all that Concord-Carlisle Adult & Community Education offers!



### Dear Neighbor,

Summer is flying by and that back-to-school feeling is already in the air! We spent the last several months planning all of these great classes and hope you find something that excites you.

Our new Adult English Language Learner class began this summer thanks to a Cornerstone grant from Concord-Carlisle Community Chest. With the support of a grant from Middlesex Savings Bank, the classes will continue all year long (see p.22).

We are excited to offer a new Can We Talk program with the International Institute of New England (p.5), as well as an important Diversity, Equity & Inclusion program with the League of Women Voters of Concord-Carlisle (p.14).

We are now the home of Parent Education programs! Learn more about how the programs formerly offered by Center for Parents & Teachers are now part of CCACE on p. 19.

If you or someone you know can't afford to take our classes, we want to help! Last year we gave out over \$10,000 in need-based scholarships. Please contact us to apply - see details on p.29.

Do you have a skill or special knowledge to share with your community? We want to hear from you! We are always looking for new class ideas and new instructors.

We look forward to seeing you soon,

### Community Education Staff



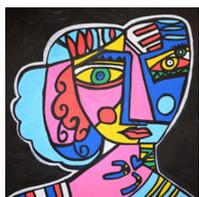
**Jill Weintraub, Director:**  
 jweintraub@concordcarlisle.org, 978-341-2923 or 978-831-3579

**Stefanie Cloutier, Continuing Education & Enrichment Coordinator:**  
 scloutier@concordcarlisle.org, 978-318-1400 x7523



**Rebecca Gurley, Driver Education Coordinator:**  
 rgurley@concordcarlisle.org, 978-318-1400 x7124

**Deborah Levine, Instrumental Music School of Carlisle and Concord Coordinator:**  
 dlevine@concordcarlisle.org, 978-318-1400 x7653



**Cover art by Harper McDonough, CCHS Class of 2024:** The dark lines in this piece represent the divisions and compartments in our lives and identities that we keep secret only for ourselves. Together, we are the sum of all these parts, but different people get to experience them in different ways. We ultimately control our own narrative and determine what we show the world. We're colorful and abstract, if only we could let each other know.

# Armchair Travel



Our Advisory Committee organizes Armchair Travel, a series of presentations on travel from community members on Monday evenings at 7 pm. All sessions are free and will be on Zoom.

Registration is required to receive the link.

## Hiking the Appalachian Trail with Eugene Delsener

The Appalachian Trail (AT) is a 2200 mile trail that follows the Appalachian Mountain chain from Georgia to Maine. Since 2019, Eugene has hiked 1800 miles of the trail and will share with you the history, beauty and popularity of this unique national treasure.

Mo | Oct 3 | 7-8 pm | Online



## Arctic Circle: Polar Bears with Susie Buttrick

Join us to hear about Susie's trip around the Arctic Circle and how she viewed a polar bear in its natural habitat. As a zoology major, Susie was always interested in science and nature and in 1969, she signed on as an educational Volunteer at the New England Aquarium. Together with another volunteer, they organized travel opportunities.

Mo | Nov 14 | 7-8 pm | Online



## Tropical Rainforests: What are they and why should we care? with Mark Hopkins

Today's tropical rainforests are facing environmental challenges like never before. Mark will accompany you on a photographic rainforest visit, explaining why these forests are of vital importance to the planet's health, and describing how deforestation and other human-induced threats are challenging their very existence. The discussion covers both the damage that environmental exploitation has caused and the future outlook for these critically important forests.

Mo | Oct 17 | 7-8 pm | Online



## A City Person's Guide to Alaska with Brenda Chia

Alaska is known as The Last Frontier and The Great Land. What happens when a self-professed city person plans a family vacation to Alaska which includes glacier climbing, 3 days of salmon fishing in one of the last wild rivers (with waders, fly rods, flies and rapids), and getting up close, really close, to the famous grizzlies? Find out when Brenda Chia recounts an epic summer 2022 adventure and how she is now a convert to the joys of outdoorsy vacations.

Mo | Nov 21 | 7-8 pm | Online

## The City of the Vibes: A tour through Galway City and Beyond with Áine Greaney

Join Irish native Áine on a journey from hip and cosmopolitan Galway City (home to the iconic Claddagh Ring) to the clean and open-access beaches and walkways of Salthill. Then, we will keep traveling west to and through the Connemara Gaeltacht, with some day-trip detours to the islands off Galway's west coast. Finally, Áine will offer some cultural and linguistic tips to maximize your comfort and trip to and beyond Ireland's rugged and happening west coast.

Mo | Nov 7 | 7-8 pm | Online



Do you have travel stories to share?  
We want to hear from you!  
Contact us at [ace@concordps.org](mailto:ace@concordps.org)



CCACE's Can We Talk in partnership with International Institute of New England presents:

### Safe Landing: Refugee Resettlement in Massachusetts Communities

How do people upended by war, conflict, and natural disasters land in Massachusetts communities? What is the difference between a refugee, an asylee, and a parolee, and what does this difference mean?

Massachusetts welcomes thousands of individuals and families through humanitarian relief programs into our communities each year. Resettlement providers such as the International Institute of New England work with community members to provide a warm welcome and to respond to the needs of newly arrived populations. Join us to learn more about domestic refugee resettlement work, the connection between arriving populations and receiving communities, and find out more about how your community can contribute to efforts to give newcomers a secure and hopeful new beginning.

#### Three learning objectives:

1. Better understand U.S. federal and state humanitarian relief programming and provider services
2. Learn about current initiatives to welcome thousands of Afghan, Ukrainian, Haitian and other populations in Massachusetts, from a former refugee!
3. Learn about the International Institute of New England's Resettle Together community partnership opportunity and how your community can get involved



Join us for this informative session:

Thursday | October 20th | 7-9 pm | at CCHS | \$35



Alexandra "Xan" Weber is a Licensed Independent Clinical Social Worker in Massachusetts and specializes in resource development and non-profit management. Xan began her work at the International Institute of New England (IINE) as the Boston Community Services Coordinator 2008. In her first week on the job, Xan greeted a Nepali family of five at Logan Airport and cemented her passion for welcoming refugees and working to support immigrant rights and lives. Since then, Xan has worked in varying program and development roles of increasing responsibility at IINE and in 2015, Xan became IINE's Chief Program Officer, created IINE's Theory of Change, and is responsible for helping reshape IINE's overall strategic program plan.

Over the last several years, Xan has focused on strengthening and expanding IINE's continuum of direct support services to immigrants, building partnerships with organizations, employers, funders, and communities at each IINE site, and advancing IINE as a leader in immigrant integration. In 2022, Xan transitioned to Chief Advancement Officer and Senior Vice President, and is now responsible for IINE's overall fundraising strategy including public and private fundraising, communications, marketing, advocacy, and the achievement of annual revenue goals supporting refugee and immigrant services.

Xan holds degrees from Georgetown University and the University of Iowa, where she received her Master's in Social Work, and certificates from the Institute of Nonprofit Management and Training at Tufts University, Family Therapy Training Program in Boston, and Clinical Program in Trauma at Simmons University. Xan lives with her husband and two children in Jamaica Plain, MA.



**Strategy, Guidance, Confidence. Results.**

**Check out our  
College & Test Prep programs!**

**The PSAT is Coming. Be Ready!**

The PSAT is, for many students, the first standardized test that they will take as they begin their college admissions process. Many students don't have a clear sense of what to expect and, as a result, end up with results that don't reflect their true potential. This class will provide students with a strong understanding of the structure and content of the test and a toolbox of strategies that will help them to make the most of Test Day.

3 Tu & Th | Oct 4-11 | 7-8 pm | Online | \$225

**The SAT, the ACT, and YOU: Everything You Need to Know About Admissions Testing**

From test optional policies to the new, digital SAT, the landscape of college admissions testing has never been more confusing. This class will help you understand the differences between the SAT and ACT, the keys to building a testing timeline, the changing role of tests in college admissions, and the essential components of impactful preparation so that you can develop a smart, effective, and informed plan for your student.

We | Oct 12 | 7-8 pm | Online | \$30

**ACT / SAT Practice Test**

This full-length practice test provides students with the opportunity to sit for a low-stakes test in a simulated Test Day environment. In addition to the valuable practice, students will receive comprehensive score reports that will help them to understand their test performance and make a well-informed decision as to whether the SAT or the ACT is a better fit for them. \*You must be at least 15 years old and a sophomore to take the practice test.

Please note that the tests are administered with standard timing. Any students who qualify for accommodations, including extended time, should contact Open Door Education (978-263-6387 or info@opendoor.education) directly to discuss options for a practice test.

**ACT:**

- Sa | Oct 8 | 9 am-12:30 pm | at ABHS | \$30
- Sa | Nov 19 | 9 am-12:30 pm | at CCHS | \$30

**SAT:**

- Sa | Sep 17 | 9 am-12:30 pm | at ABHS | \$30
- Sa | Oct 22 | 9 am-12:30 pm | at CCHS | \$30
- Sa | Nov 12 | 9 am-12:30 pm | at ABHS | \$30

**SAT Bootcamp**

The perfect course to help your student prepare for the November SAT! Over the course of six class sessions, students will learn test-taking strategies, essential content, and savvy tips to help them see through the most difficult questions in all three sections of the SAT: Reading, Writing, and Math. Students in this class will gain both the skills and the confidence to earn scores that they are proud to send to colleges.

6 Tu & Th | Oct 18-Nov 3 | 7-8 pm | Online | \$475

**SAT ADVANCED Bootcamp**

This class is intended for students who have previously scored at least a 1300 on the SAT. During this class, students will focus on the most challenging question-types, the most advanced content areas, and the most important strategies for high-scoring students. This class will cover all three sections of the SAT: Reading, Writing, and Math. *No class 11/24.*

5 Tu & Th | Nov 15-Dec 1 | 7-8 pm | Online | \$475

**So You Want to Go to Medical School:  
How to Choose the Right Path  
with Deborah Gutman**

There are many paths to medical school including BA/MD programs, Early Assurance programs, traditional pathways, and post baccalaureate routes. We will cover the multiple pathways to medical school and how to figure out if and when a student is ready to apply to medical school. This session lays the groundwork for creating your roadmap to becoming a physician and will be helpful for both parents and future physicians.

Th | Nov 3 | 6:30-8 pm | Online | \$29

**The Medical School Application Cycle  
with Deborah Gutman**

The medical school application process is a year long process. This session will take you step by step through the stages and timing of applying to allopathic and osteopathic medical schools. Designed for parents and applicants, the program will provide invaluable information that will enable you to anticipate what the year ahead will look like, the costs to anticipate, and the steps in preparing to apply. Knowing all of this in advance will help to eliminate some of the stress and surprises.

Th | Nov 10 | 6:30-8 pm | Online | \$29

## Advanced Photo Management on Apple Devices

with Howard Loewinger

This class is for those who know how to take photos on an iPhone or iPad and want to learn more about how to manage and organize them. We will cover a wide variety of topics including: how the iPhone and iPad organize photos and how you can organize them yourself; how to share photos; storing photos on your device vs. the “cloud”; deleting photos from multiple devices; and editing tools. In the second class, we will use the Photo app on the Mac to see what further options are available including making books, calendars, cards and ordering prints. Have your iPhone and/or iPad handy for the first class.

2 We | Nov 3 & 10 | 10:30 am-12:30 pm | Online | \$65

## Cutting the Cable: Your TV Options in the Digital Age

with Howard Loewinger

Are you ready to “cut the cable”? Watching TV has changed over the last 20 years. Now you can choose from hundreds of channels, and watch TV on just about any electronic device anytime, anywhere! This short course will walk you through all the ways you can watch your favorite shows: traditional cable, over the air, streaming and live TV over the Internet. We will discuss some of the pros and cons of each and whether your TV is “smart enough,” or if you will need additional hardware to use the Internet services. There will be demonstrations and time for your questions.

We | Nov 17 | 10:30 am-12:30 pm | Online | \$35

## Mastering Computer Skills for the Workplace

with Betsy Flanagan

Must-have skills to succeed in the workplace include the ability to create, edit and manage presentations in MS PowerPoint, documents in MS Word, email and calendars in MS Outlook, and spreadsheets in MS Excel. Microsoft Office Suite of applications is the most used software tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of MS Office change over time. Master the most common uses so that you can work faster and more efficiently and can take your computer skills from plain and drab to exciting and engaging. You will leave class with a set of skills that are a workplace requirement in today’s fast paced ever-changing environment and will enable your future career success.

Sep 6-30 | Online | \$195

Lessons can be accessed any day or time of the week.



## Let’s Make Pysanky (Ukrainian Easter Eggs)

with Alona Popova

Pysankarstvo is a meditative process of creating a pattern on a real chicken egg with a special instrument “kistka”, beeswax, candle, and color dyes. Alona will present a video explanation and have live examples of the stages of how pysanka is created. You will learn the process of using tools like kistka, beeswax, and dyes. Information about the history, and meanings of the colors, and symbols of this Ukrainian art will be shared as well. Everyone’s egg will come out unique and noteworthy! All the materials are prepared in advance, and will be provided during the workshop: clean and dry blown-out eggs with sketched-on designs of ornaments, mixed colored dyes, candles, wax, and a particular instrument called kistka. **A \$15 materials fee is due to Alona at class.**

We | Sep 28 | 6:30-8:30 pm | at CCHS | \$39



## Reverse Glass Mixed Media Art

with Ginger Lou Placek

Spend a fun evening learning a unique form of collage. You will use an assortment of different forms (clippings from books, magazines, etc.) to create a new and imaginative piece. The instructor will teach you to train your eye to recognize which images to combine and how to see a variety of options for using a single image in an exciting, balanced, and unique way. You will learn different techniques for gluing and sealing your masterpiece. You may also choose to draw or sketch on your collage as a fun finishing touch! **Please see the online course listing for the materials list.**

Tu | Nov 1 | 6:30-9 pm | Online | \$39

# Driver Education



**Earning your drivers license is a huge milestone.**

**Drive with us!**

Driver education promotes and teaches safe driving attitudes, develops defensive driving skills, and respect for the rules of the road. It prepares students for the RMV license exam and it strives to prevent or reduce accidents and fatalities that involve young drivers.

## Driver Education age requirements

- 15 years, 9 months: The minimum age you must be on **the first day** of class per RMV regulations.
- 16 years: You are now eligible to obtain and drive with a Learner's Permit.
- 16 1/2 years: If you have had your permit for 6 months AND completed Driver Education, you are eligible to take your road test.
- 18 years: You are now eligible to take your road test *without* a Driver Education Certificate

## How do I complete Driver Education?

# 1

### Parent Class:

*There is a \$25 fee if your child is attending another Driver Education program*

You must attend the RMV-mandated class **before** your child is allowed to begin driving lessons with an instructor. We will cover your responsibilities, your child's responsibilities, and review our program's policies. Also, you will hear tips and hints on how to teach a new driver and a review of laws that have changed in the last 10-20 years. While we welcome both parents to come and speak with us, only one parent is required to complete the class.

- We | Sep 14 | 7-9 pm
- Tu | Nov 15 | 7-9 pm
- Th | Oct 20 | 7-9 pm
- We | Dec 14 | 7-9 pm

# 2

### Classroom options:

*You do not need your permit to start class. You must be 15 years, 9 months.*

**30 classroom hours divided into 15 2- hour modules.**

- Su | Sep 11-Oct 30 | 1 - 5 pm | Location TBD
- Tu & Th | Sep 13-Nov 1 | 2:45-4:45 pm | at CCHS
- Sa, Su, Fr, Sa, Su | Nov 5-6, 11-13 | 9 am-4 pm\* | Location TBD
- Mo-Fr | Dec 26-30 | 9 am-4 pm\* | at CCHS

**\*There will be a lunch break from 1-2 pm. Please note the cafeteria will not be open.**

# 3

### Drive with us!

Once you get your permit, send us the permit number and issue date so we can activate your account for you to start scheduling lessons.

You must complete 12 hours of behind-the-wheel lessons and 6 hours of observation, in addition to a minimum of 40 hours of practice at home.

We offer lessons after school, on weekends, and vacations. Depending on your schedule, you may be able to schedule lessons during free blocks. *\*You must have a full hour available.*



**Total fee: \$800**



### Tips for Success

- ☑ We recommend that you complete the program within one year - this way everything you're learning is fresh when you go for your road test. The RMV requires you to complete the program within two years from the date you started.
- ☑ Once you get your permit, send us your permit number and the issue date. We will activate your Schedule2Drive account and you can start booking lessons.
- ☑ You must have your permit for a minimum of 6 months so there is no reason to rush through lessons! We recommend spacing out your 12 driving hours with us so you finish about a month before that 6 month eligibility. This allows us time to send your certificate to the RMV, allowing you to schedule your road test once you reach that 6 month date.
- ☑ Once all of the requirements are completed, we send a certificate to the RMV (\$15 fee, included in your tuition). About a week later, you can log on to myRMV and book your road test!
- ☑ If you want us to sponsor you for your road test, send us the date, time, and location once it is booked.

### Recommended: RMV Driver's Manual

Download at [www.mass.gov/lists/drivers-manuals](http://www.mass.gov/lists/drivers-manuals) Purchase for \$4 at CCACE office or \$5 at the RMV

### Elective Credit:

CCHS students may earn one elective credit for completion of the classroom program.

Questions about Drivers Ed?  
Contact Rebecca: [rgurley@concordcarlisle.org](mailto:rgurley@concordcarlisle.org)  
or 978-341-2490 x7124

### Scholarships are available for Driver Education!

CONCORD CARLISLE  COMMUNITY CHEST

#### We offer scholarships

Scholarships are made possible in part by a grant from the Concord-Carlisle Community Chest. **Apply online at [www.concordcarlisleace.org/scholarship/](http://www.concordcarlisleace.org/scholarship/)** This helps to make lifelong learning a reality for local community members who require some financial assistance. Your application for assistance is confidential. The Community Chest opens the doors of learning for everyone. For more information or to donate, visit [www.cccommunitychest.org](http://www.cccommunitychest.org).

#### Hugh Cargill Trust

The Hugh Cargill Trust Committee has been working in partnership with CCACE to provide partial Driver's Ed scholarships to deserving Concord high school students. The mission of the Hugh Cargill Trust is to provide short-term emergency financial assistance to Concord residents. Town residents request aid by leaving a phone message at the Town House: 978-318-3100, ext. 2030. The Committee can be contacted through email at [hctc@concordma.gov](mailto:hctc@concordma.gov). All requests are kept confidential.



### Boating Skills and Seamanship

with U.S. Coast Guard Auxillary Flotilla 502

This introductory course is for both sail and power boaters and includes instruction on safety afloat, legal responsibilities, aids to navigation, rules of the road, charts and compass, engines, knots, weather, boat handling, radio procedures, and navigation electronics. Completion certificate helps reduce boat insurance fees. Families are welcome. **Course materials are \$60 and are paid directly to the USCG in class. Materials include the text, chart, test & certificate. No class 11/23.**

12 We | Sep 14-Dec 7 | 7-9 pm | at CCHS | \$50

### Coastal Piloting (Weekend Navigator)

with U.S. Coast Guard Auxillary Flotilla 502

Coastal Piloting, or the Weekend Navigation Seminar, is advanced instruction for those who have already completed a basic boating course. It covers aids to navigation, the earth and its coordinates, Mercator projection, piloting, correcting compass errors, dead reckoning, tides and currents, radio navigation and more. **Course materials are \$75 and are paid directly to the USCG in class for the text (USB), two charts, paraline plotter, dividers, test & certificate. No class 11/23.**

12 We | Sep 14-Dec 7 | 7-9 pm | at CCHS | \$50

### Bridge for Beginners

with Kim Gilman

Engage your brain - learn and play bridge online! Bridge is an exciting card game of logic and detective work, and a great way to be social. Through our online bridge classroom, you will learn by playing, not lectures, discovering how to bid, play, and defend in modern bridge. You'll play this absorbing game with a partner against another pair, so bring a friend (or foursome!) if you can. Singles are welcome and will be paired up in class. Learn bridge, and you'll enjoy many years of entertainment, mental challenges, and friendship. *This is a beginner class, and it's also open to players who would like a refresher. Required text is **Bridge Basics 1: An Introduction by Audrey Grant (ISBN 978-0939460908).***

6 Th | Sep 22-Oct 27 | 6:15-8 pm | Online | \$115



### Fall Garden Cleanup

with Kate Despres

Did you know that the best gardens start in the fall? Learn how to prepare your garden bed for the following spring for a rewarding spring garden. You will learn in a hands-on manner how to clear the garden of old plant debris and use that plant material (plus the fallen leaves) to make your own incredible compost to use the following year. You will then learn to tell if compost is ready to use, sift it and apply it to the beds. Next, you will learn to read a soil report and use the information to amend the soil with organic nutrients. Finally, you will learn to plant garlic for a harvest the following summer. Other topics covered will include preseedling cold weather greens, preparing for fruit tree planting and building new garden beds for the following year. You will take home a garlic bulb to plant in your own garden. *Rain date: 10/30*

Sa | Oct 22 | 10-11:30 am | at Daisy Hill Farm | \$35

**Don't wait!  
Sign up NOW for the class  
you want to take!**

We decide whether or not a class is running a week before its start date and your registration can make the difference. Some classes fill quickly so register early to avoid disappointment.

**Fitness Walks**

**with Paula Casey, Stefanie Cloutier, & Liz Fuller**

Fall is here – it’s a perfect time to exercise outdoors! We’ll explore local trails while getting a moderate workout. Come prepared to break a sweat and get your heart rate up while we hike 4-5 miles in each two-hour session. Light hiking boots recommended; walking poles suggested for those wanting additional support and an upper body workout. **Directions to the starting place will be available after registration.**

Liz: 5 We | Sep 7-Oct 5 | 9:30-11:30 am | \$89

Paula: 6 Th | Sep 22-Oct 27 | 11:30 am-1:30 pm | \$99

Stefanie: 6 We | Oct 12-Nov 16 | 9:30-11:30 am | \$99

Paula: 5 Th | Nov 17-Dec 22 | 11:30 am-1:30 pm | \$89

**Concord Fall Walks**

**with Liz Fuller**

Get out and enjoy the fall with these trail walks in the Concord/Carlisle area. Designed to get you moving while enjoying the scenery, each walk will be 3-4 miles, slightly slower than our fitness hikes. Come for the camaraderie of exploring the outdoors with like-minded people! **Directions to the trailhead will be sent out each week.**

Section A: 4 Tu | Sep 20-Oct 11 | 9:30-11:30 am | \$75

Section B: 4 Tu | Oct 25-Nov 15 | 9:30-11:30 am | \$75

**Acupressure & Self Massage**

**with Debra Rosenblum**

Learn how to ease tension, increase circulation, and relieve pain with simple massage techniques you can do on yourself. We’ll use our own hands, fingers, elbows and other household items like tennis balls to treat ourselves to effective massages. Discover how to activate energy meridians, stimulate the lymphatic system, and use acupressure points to reduce pain, decrease stress, and bring greater harmony to your body. Through demonstration, practice time, and plenty of opportunities to ask questions, you’ll start to notice the benefits of this practice in no time.

Mo | Nov 7 | 7-8:30 pm | Online | \$25



**Meet Adrienne!**  
 Adrienne Dunne is a mom and 20+ year baker. Taught to bake in the Wilton method, she is a Level III certified cake decorator. As well, she has been a cookier for over 10 years. Her cooking and baking skills and interests were developed and fostered at a young age by her mother, who shares many family recipes to pass on to others. In addition to teaching adult classes, she holds child baking sessions, private sessions, and also takes special orders for individuals.

**Homemade Gnocchi with Two Sauces**

**with Adrienne Dunne**

Learn how to make pillowy authentic Italian gnocchi at home in this interactive online cooking class. You will learn the trade secrets to preparing authentic Italian gnocchi (riccotta based), including how to add those hallmark ridges to catch the sauce. We will prepare a simple traditional red sauce and an alternative white cream sauce for serving. This is a fun family activity - register with your child or grandchild! Adrienne will send an ingredient and basic kitchen tool list prior to class.

Tu | Oct 25 | 6-8 pm | Online | \$39

**Make Two (or Three!) Thanksgiving Pies**

**with Adrienne Dunne**

Make your own from-scratch apple and blueberry pies. (BONUS: make a pumpkin pie too!) Adrienne will teach you how to make a superb pie dough! You will also make the filling to your own individual taste, ready to pop in the oven for Thanksgiving or freeze to use at a later date! Adrienne will send an ingredient and basic kitchen tool list prior to class.



Tu | Nov 22 | 6-7:30 pm | Online | \$39

**Food Gift-Giving**

**with Adrienne Dunne**

Giving and receiving a homemade (and tasty) gift is priceless. Join Adrienne in creating 2 types of food gifts that are not only good to share during holidays, but anytime! We will be making a 'candied' cashew (or nut of choice) and peanut brittle. Adrienne will send an ingredient and basic kitchen tool list prior to class.

Th | Dec 8 | 6-8 pm | Online | \$39

**Sign up for the wait list if the class you want is full!**



There's no fee and we often have changes or add more sections.

## Charcuterie Board Workshop: Creating a Colorful and Delicious Cheese Board with Luisa Callahan

Learn how to create a beautiful charcuterie board that is perfect for any occasion! During this live and interactive class we will go over how to select and beautifully present the perfect combination of cheeses, meats, and other flavor complements such as fruit, spreads, nuts, crackers, and dried fruits. We will even learn how to make one of those salami roses!

You will watch a presentation and then practice by selecting from different charcuterie food stations to make your own unique small board (2-4 person) you will take home with you. All food is provided along with a bamboo disposable tray and box for easy transportation home. Come join the fun and bring a friend! **A \$40 materials fee will be paid to Luisa at the class.**

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Section A: Th | Oct 6 | 6:30-8 pm | CCHS | \$35

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Section B: Th | Nov 3 | 6:30-8 pm | CCHS | \$35

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## Irish Whiskey Tasting with Robert Lublin

Ireland produces some of the finest whiskey in the world. Join us for a fun, relaxing introduction to some of the best Irish Whiskeys being produced today. If you like Scotch but haven't given Irish whiskey a proper try, prepare to be amazed! Also, if you have taken this class before, we will be trying an entirely new lineup of Ireland's finest, including Glendalough, Knappogue Castle, West Cork, and more. Tuition includes a \$25 beverage fee. **A selection of whiskey samples will be available for pickup; directions will be sent out to registered students starting one week prior to the class date. For students 21+.**

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Section A: Tu | Nov 29 | 8-9:30 pm | Online | \$75

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Section B: We | Dec 7 | 8-9:30 pm | Online | \$75

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### Help make ACE classes affordable for everyone



Please consider giving to our scholarship fund. To donate, visit [concordcarlisleace.org/donate](https://concordcarlisleace.org/donate) or select the option to donate when registering.



## Japanese Sushi Maki Rolls with Ploy Khunisorn

If you love maki rolls, you will have fun learning how to make Futomaki, Spicy Salmon and Temaki (cone maki) rolls at home. We will cover every step in the process, from preparing ingredients, cooking sushi rice and rolling. While preparing our sushi maki rolls, we will talk about the history and culture behind this long Japanese tradition. You will also learn how to properly cut and serve each style of maki sushi. The leftover ingredients will be used to make a Chirashi Sushi Bowl. **Please see the online course listing for the materials list.**

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Sa | Oct 1 | 11 am-12:30 pm | Online | \$50

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## Basic Dumplings from Scratch with Ploy Khunisorn

We all love dumplings! Dumplings are versatile and easy to prepare. Spend a late afternoon learning how to make chicken and/or vegetable dumplings with delicious homemade sauce from scratch. First, we will make the wrappers. Then, we'll prepare the filling. Finally, we will turn our dumplings into potstickers or gyoza. There will be options for vegan or other meats if you prefer. **Please see the online course listing for the materials list.**

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Sa | Dec 3 | 4-5:30 pm | Online | \$50

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## Fermenting at Home with Ted Villa

Fermented foods have been a part of the human diet for thousands of years, and they transcend cultures, and continents. Initially utilized as a preservation method, fermentation increases the bio-availability of nutrients in food, introduces helpful bacteria into our bodies that aid in digestion, and offers health benefits that we are only beginning to understand as scientists explore the microbiome. If you have fresh fruits and vegetables, salt, water (sometimes), and a container, you have what you need to ferment food. We will introduce you to the basics of fermentation: what it is, what you need to ferment, how to do it, and what to look out for. Each class will have a primary theme, and then a short "diversion," with something related to fermentation, but slightly different from the main theme of the class. By the end of the session, you will have learned the basics of fruit and vegetable fermentation – which will hopefully lead to further exploration of this fascinating, fun, and delicious practice. **Please see the online course listing for the materials list.**

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2 Tu | Oct 18 & 25 | 6-7:30 pm | Online | \$49

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Sign up & save on our  
Concord Historical Walks!  
Register for 2 walks for \$89  
Register for all 3 for \$129

### Indigenous People Walking Tour

with Mary-Wren vanderWilden

Come learn about the indigenous people who have lived in Concord for over 10,000 years. This history walk takes place in Concord center, where you will hear about how the native people lived by the 3 rivers of Musketauquid (Concord) and what happened as Europeans settled in Concord. Tour leader Mary-Wren works at the Concord Museum and the Concord Visitor Center. **Directions to the starting place will be available after registration.**

Th | Oct 13 | 2-4 pm | TBD | \$49

### Emerson-Thoreau Amble

with Stefanie Cloutier

Looking to get some exercise with a side of history? Join us for an invigorating 4-5 mile walk, starting from Emerson's house and following the path he and Thoreau took to visit each other while Thoreau lived at Walden Pond. Hear about the commitment of both men to nature and their impact on environmentalism while visiting the woods of Fairyland and Walden Pond. The walk will take you to the Thoreau house site, and through Walden Woods and the Reflection Circle with quotes from other well-known environmentalists before ending back where you began. **Directions to the starting place will be available after registration.**

Th | Oct 20 | 9:30 am-12 pm | TBD | \$49

### Sleepy Hollow Walk

with Shelley Belton

This 2-3 mile walk covers the history of the Revolutionary War and its beginnings here in Concord. Start in Concord Center and head toward Great Meadows; swing through Sleepy Hollow cemetery to hear about the authors and Transcendentalism before heading to the Old Hill burial ground for more history. Your trained guide will bring history to life. **Directions to the starting place will be available after registration.**

Th | Oct 27 | 10 am-12 pm | TBD | \$49

### Sewing to Celebrate Indigenous HERitage

with Maritere Mix

Learn about indigenous heritage and history while practicing basic hand-stitching techniques. You will cut out, hand-stitch and stuff a plush pillow doll featuring one of the following indigenous women: Maria Tallchief, Deb Haaland, Wilma Mankiller, or Dolores Huerta. You will learn about each of these historical women and then go home with one doll you've made yourself and a call to action: How can we continue to honor the lives and accomplishments of indigenous people? For anyone without sewing experience, the process will help you get outside of your comfort zone and learn to practice patience. The cost of the doll and materials is included.



Sa | Oct 1 | 4-7 pm | at The Robbins House | \$85

### Meet Concord's Historic Women

with Victor Curran

Since colonial times and before, women have flourished in Concord as leaders in human rights, literature, art, education, and more. We will meet more than two dozen women who helped make Concord the home of American independence and imagination. Some are well-known, like Louisa May Alcott, and we'll take a closer look at their lives. Others have been overlooked in history books, but may surprise you with their remarkable accomplishments. *No class 10/10.*

6 Mo | Oct 3-Nov 14 | 7-8:15 pm | Online | \$125

### A History of Ukraine and its Relations with Russia

*Allies or Enemies? Same or Different? Or all of the above?*

with Anatole Sykley

The news media have given us plenty of insight into how Ukraine and Russia relate to each other today. Until recently a story mainly of confrontation, it now has turned into tragic conflict. Ukraine and Russia have had a long history as separate states and nations – sometimes in conflict and sometimes in concert with each other. As far back as the early Medieval Era, there was no difference between Ukrainians, Russians or Byelorussians. So how did this region evolve into nations currently at odds with each other, with each accusing the other of misrepresenting their own national and cultural identities? Is Ukrainian language, culture and history the same as Russia's? Where and how did the Medieval Empire of Ancient 'Rus split apart and evolve into separate nations of today? How did Russia and Ukraine interact historically with neighbors and invaders in the region – from the Mongols to the Ottoman Empire to the Nazi invasion that devastated both Ukraine and Russia during World War II? Can history help us understand the recent events that have resulted in a Russian war with Ukraine? The historical overview lectures will conclude with an interactive seminar on this very question.

6 We | Oct 12-Nov 16 | 6:30-8:30 pm | Online | \$99



### Concord & Carlisle: Our Communities Through a Diversity, Equity & Inclusion Lens organized by the League of Women Voters of Concord-Carlisle

Today, Concord and Carlisle face new challenges as we strive to be welcoming, inclusive communities. This series of four seminars will explore three critical areas:

**History:** A Focus on Indigenous People and African Americans and their roles in the towns

**When:** Thursday, September 29th from 7:00-8:30pm

**Where:** Concord-Carlisle High School auditorium

**Education:** Public & Private Education: How to ensure that all students feel welcome and included

**When:** Thursday, October 13th from 7:00-8:30pm

**Where:** TBD

**Housing:** An understanding of the factors which influenced housing in these communities and how housing and land use has influenced social, economic and racial diversity in these towns

**When:** Thursday, October 27th from 7:00-8:30pm

**Where:** Concord-Carlisle High School auditorium



Each of the three sessions will have three to five panelists with expertise in the area being addressed, both as to Concord and/or Carlisle specifically and as to how the issues have been handled elsewhere.

Our final session will begin with a summary of the first three seminars, followed by an opportunity to engage community members in a facilitated exploration and discussion of what steps should be taken to make Concord and Carlisle communities more diverse, equitable and inclusive. The last session will be followed by a reception which will allow for further information exchange and discussion.

**When:** Thursday, November 10th from 7:00-8:30pm

**Where:** TBD

We anticipate that we will all come away with a better understanding of our own community's history, and with recommendations for further study and action. It is our expectation that these four seminars will be just the first in a series of programs addressing DEI and moving our communities forward.

To encourage maximum participation, we are offering this 4-part series free to all participants. The League of Women Voters-Concord Carlisle is teaming up with many sponsors and donors to underwrite the cost of this and future programs.

If you would like to donate to support this program, please choose one of the following ways:

1. Donate through the League of Women Voters of Concord Carlisle directly (Please note that while convenient, this donation process is not tax deductible):  
<https://my.lwv.org/massachusetts/concord-carlisle/about/donate-lwvcc>.
2. For tax deductible donations, please make checks payable to:  
LESF Local League Education Fund  
With: "Concord-Carlisle" on the memo line.  
Mail to: LWVCC, P.O. Box 34, Concord, MA 01742

# Instrumental Music School of Carlisle and Concord



## Individual instruction for new & continuing students

The Carlisle, Concord, and Concord-Carlisle Schools offer individual instrumental and vocal instruction all year long. Private study through IMSCC ensures real progress and results for our student musicians of all ages, including adults.

Fall and Winter-Spring sessions are 16 weeks, while the Summer semester is designed with flexibility in mind, customizing your lesson schedule to fit with your vacation plans. Lessons can start any time during the year, tuition is prorated. IMSCC is a fee-based service provided by the schools, enabling convenient and reasonably priced one-on-one music lessons with highly qualified professional musician-teachers.

We have teachers for: violin, viola, cello, string bass, flute, oboe, clarinet, bassoon, saxophone, trumpet, French horn, trombone, baritone horn, euphonium, tuba, voice, piano, electric and acoustic guitar, ukulele, electric bass, and percussion (includes snare drum, tympani, mallet instruments, and drum set).

*\*New this year: jazz piano, banjo & traditional fiddling*

We will work with you to accommodate requests for individual teachers and times. Parents are responsible for obtaining instruments.

**We offer 30-, 45-, or 60-minute lessons:**

**30 minutes lessons: \$36 per lesson**

**45 minutes lessons: \$53.50 per lesson**

**60 minutes lessons: \$71 per lesson**

**There is a \$15 registration fee per semester.**

**For more information, contact:**

**IMSCC Program Coordinator: Debbie Levine**

**dlevine@concordcarlisle.org**

**[www.concordcarlisleace.org/instrumental-music-school/](http://www.concordcarlisleace.org/instrumental-music-school/)**

**Music Directors:**

**Concord: Chris Noce: [cnoce@concordps.org](mailto:cnoce@concordps.org)**

**Carlisle: Kevin Maier : [kmaier@carlisle.k12.ma.us](mailto:kmaier@carlisle.k12.ma.us)**

## ~ IMSCC FACULTY ~

Jon Amon: saxophone

Rob Bethel: cello

Scott Chamberlin: saxophone

Soo Choi: flute

Sissie Siu Cohen: saxophone

Lucas Coura: voice

George Darrah: percussion

Brian Diehl: trombone & low brass

Alexei Doohovskoy: trombone & low brass

Laryssa Doohovskoy: voice

Nune Hakobyan: accompanist

Chip Halt: tuba & low brass

Zarina Irkaeva: cello

Susan Jackson: flute

Elizabeth Jewell, trumpet

Deanna Johnson: flute & piano

Rachel Juszczak: bassoon

Yerim Kang: piano

Sargis Karapetyan: violin & viola

Heekyung Michelle Lee: piano

Debbie Levine: clarinet & bass clarinet

Ryan Noe: trumpet

Eva Ostrovsky Kaminsky: piano

Jean Pulsifer: piano

Jeremy Ronkin: French horn & piano

Timur Rubinshteyn: percussion

Max Schwartz: upright & electric bass,  
jazz piano, banjo & traditional fiddle

Matthew Small: trumpet

Andrei Sobchenko: saxophone

Andrew Sorg: trumpet

Louis Stamas: saxophone

Henry Tervo: oboe

Kenneth Toland: clarinet & bass clarinet

Jason Yost: guitar, bass guitar & ukulele

### **How to Create a Family Resource File: Organize & consolidate all of your important life details with Sandra Batra**

It's never too early to organize and consolidate all your important life details, but it can be too late! We experience events that change our lives. Do you ever think, What If? What if something happens to you or your spouse, how would your family manage? Could your spouse or family step in and seamlessly manage everything until you are back on your feet? It's your responsibility to think about this and do something; you need to plan for the unexpected and make sure all your important life details are organized and in one place. It's time you created your Family Resource File. Sandra will provide guidance--helping you to understand the types or categories of information to include, and the specific details within each category. You will also receive a summary of the information discussed.

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Tu | Oct 11 | 6:30-8 pm | Online | \$29

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### **An Educated, Team-Oriented Approach to Separation & Divorce: You Don't Have to Go Through it Alone with Joan Mankoff and Kathleen Young**

Are you contemplating divorce or already embarking on this life-changing journey? Divorce can be overwhelming and isolating. In this Zoom webinar, Joan Mankoff, divorce coach and licensed realtor, and Kathleen Young, life coach, business coach and mediator, will discuss considerations and approaches to separation and divorce that are best for you and your family. Mankoff, founder of Your Divorce Pro, will outline a holistic and empowering methodology to evaluating your situation, making impactful decisions, and setting up your best new life. Young, M.Ed. and founder of Aurora Lights Coaching, will provide a synopsis on healthy and intentional dialogue in families facing separation/divorce that allows for greater stability and happiness, including resources and tools needed to be their best selves.

Given the subject's sensitivity, you are asked to rename yourself on Zoom with your first name only and keep your video off. You will have the chance to ask questions confidentially.

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Mo | Oct 17 | 7-8:30 pm | Online | \$35

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Th | Oct 20 | 12-1:30 pm | Online | \$35

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### **What Happens to the Family Vacation Home? with Margaret Hoag**

Many families have a beloved vacation home that they want to preserve for future generations. The process of transferring the house to the next generation can lead to significant family conflict. We will discuss various methods of passing a vacation home onto your children and review the issues that arise. Topics will include the pros and cons of joint ownership, trusts, and LLCs including tax consequences. We will also discuss methods of decision making, paying for repairs and upkeep, and renting a property. Bring your personal experiences and questions to share.

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We | Oct 26 | 7-8:30 pm | Online | \$45

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### **Understanding Your Credit Report with Laura Dorfman**

In this everything-you-have-always-wanted-to-know-about credit session, Laura will provide an overview of consumer credit, including but not limited to learning what credit scores mean, how payment history can affect credit scores, how credit scores are used in consumer lending, how to improve credit scores, and how to dispute falsely reported items. You will learn about the three major nationwide repositories, go over several sample credit reports, discuss why the scores are different, and gain insight into how credit scores are determined. There will be ample time for questions and answers.

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Tu | Nov 1 | 7-8:30 pm | Online | \$25

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### **Planning for an Uncertain Future with Margaret Hoag**

Statistics show that more than 50% of people over 65 will need long term care at some point. Whether you are planning ahead or are in the middle of a health care crisis, this workshop led by an attorney will give you the tips you need to navigate the legal side of long term care. Learn which estate planning documents to consider; the different options for care and how to pay; and guardianship/conservatorship. Don't be caught off guard – come get valuable resources for navigating through a difficult time. This seminar does not include a discussion of insurance products.

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We | Nov 9 | 7-8:30 pm | Online | \$45

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**What happens after the paychecks stop?****A Retirement Income Primer Seminar****with Alex Winkelmann**

Long-term investing is like a journey. Whether you're traveling or investing, you want to prepare for the trip and avoid wasting time and money along the way. We'll examine: The economy, interest rates and our outlook, current market trends, ways to prepare for volatility, and opportunities in today's market.

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Tu | Oct 11 | 6:30-8 pm | Online | \$35

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**Broadening Your Knowledge of Investing****with Alex Winkelmann**

Rules for investing - develop a strategy, choose quality investments, diversify portfolio, invest for the long term and focus on what you can control

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Tu | Oct 18 | 6:30-8 pm | Online | \$35.

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**Would you like to teach for CCACE  
or do you have an idea for a new class?**

We are always looking for new ideas and enthusiastic teachers who are eager to share their expertise with us!

Fill out the course proposal form at [concordcarlisleace.org/teaching-opportunities/](http://concordcarlisleace.org/teaching-opportunities/)

**Demystifying Social Security****with Daniel Williams**

Deciding how and when to claim Social Security is one of the most critical financial decisions a person will make in his or her lifetime. By not understanding the many complex rules surrounding Social Security, you could leave thousands of dollars on the table. Some of the topics covered include:

- When should I file for benefits?
- What are the advantages and disadvantages of filing at age 62 or deferring to age 70?
- How does the November 2015 change in the rules affect me?
- How can I make sure I am taking advantage of available spousal, survivor or divorced benefits?
- How much of my Social Security will be subject to income tax?
- What potential changes are in store for Social Security and how might they affect my claiming decision?

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We | Sep 28 | 7-9 pm | Online | \$35

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**The Latest Long Term Care & Asset Protection****with Daniel Williams**

The high cost of long-term care can wipe out a family's life savings in a short period of time. Unfortunately, many families are faced with this situation, finding themselves at the mercy of an under-funded government Medicaid system with limited choices. Recent legislative changes have created many questions surrounding planning techniques:

- How can I protect my home?
- What is the penalty for giving assets away?
- Are my assets protected if I put them in a trust?
- When is long-term care insurance worthwhile to consider?
- What if my loved one is already in a nursing home, can they still protect their assets?

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We | Oct 19 | 7-9 pm | Online | \$35

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**Understanding Medicare****with Daniel Williams**

If you are close to age 65 or already on Medicare, this class is for you! The class is designed to fully enlighten you on how Medicare works and the different health care choices available to those age 65+. Some of the topics covered include:

- How are parts A, B, C and D integrated?
- What is Medicare Advantage?
- What are the pros & cons of HMO's, PPO's, & Medigap plans?
- Should I take Medicare if I am still employed?
- How do I avoid late sign up penalties?
- Does any part of Medicare cover long-term care expenses?

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We | Nov 2 | 7-9 pm | Online | \$35

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**Senior Care Series:**  
Register for 1, 2 or all 3! \$25 each or  
\$65 for all 3 workshops

## Understanding Senior Care Options

with Michelle Woodbrey

Failing to plan is planning to fail. Knowing what your options are if/when your parents need help is so vital in your ability to make good decisions for them. We will cover the continuum of care options available to seniors who are declining in independence and the costs associated so you can understand what may be needed and when. Finding care options is only part of the process, getting your parents to agree and accept the change is another. The second part of this workshop will offer you insight into approaches and communication styles that support success rather than resistance when talking to our aging parents.

Tu | Oct 18 | 6:30-8 pm | Online | \$25

## What to Know When Choosing a Nursing Home

with Michelle Woodbrey

Although it is the goal for most people to avoid ever going to a nursing home, for many it is needed, even if just for short-term rehab. Choosing a nursing home can be daunting especially if you have to make the decision in a hurry (which is often the case). In this presentation, we will discuss the top 5 mistakes people make when choosing a nursing home as it relates to both short-term and long-term care. Knowing which nursing homes you would choose if it becomes necessary is an important part of being prepared in the event of a hospitalization. The second part of this workshop will lay out some other important things you may need when your loved one is being discharged from the hospital.

Tu | Oct 25 | 6:30-8 pm | Online | \$25

## Helping Your Loved Ones Stay at Home

with Michelle Woodbrey

In this workshop, we will explore the dynamic of shifting parenting. When our parents start making poor decisions it is hard to get them to do what is needed, because we are their children and not their parents. Participants will learn reasons why our parents' decision making becomes so questionable and ways to help maintain their sense of independence. For many people, their goal is to honor their parents' wishes to remain at home. This is often not as straightforward as it may seem. The second part of the workshop will help you learn what considerations are needed to support a loved one to successfully age at home.

Tu | Nov 1 | 6:30-8 pm | Online | \$25



## Comedy Tonight! Operatic Comedies

with Andy Papas

From the rollicking romps of Rossini, to the abundant antics of 19th Century Operetta, Comedy has always been a driving force in operatic repertoire. This course will dive into the hilarity of 10 different operas & operettas from the 18thC on, profiling composers, creators, and famous singers who made these comedies a great success. Students will watch a different show for homework and will get a chance to share their thoughts during a short discussion every week. Andy is a professional singer, who specializes in comic opera. *No class 10/10.*

10 Mo | Oct 3-Dec 12 | 4:15-6 pm | Online | \$245

## Strauss in the House!

with Andy Papas

Richard Strauss' operas are some of the most colorful and exciting of the late 19th and early 20th Century, spinning extraordinary music around classic tales of love and intrigue. This course will dive into all of the oft performed pieces of Strauss, with performances from The Metropolitan Opera anchoring the bulk of the pieces that students will watch for homework. Each session focuses on a specific Strauss show, exploring the famous arias and vocalists, and highlighting the musical idiosyncrasies that define his works. Andy is a professional opera singer, who will share stories from the stage as he actively pursues a career in the performing arts. *No class 11/24.*

10 Thurs | Oct 6-Dec 15 | 4:15-6 pm | Online | \$245

## Refunds & Course Changes

If you withdraw 1 week or more before the start date of a class, we will issue you a credit (good for 18 months from the date of issue). If you prefer, we will refund the class tuition minus a \$10 processing fee. Withdrawals from courses and events under \$25 are only eligible for a course credit. If you withdraw 6 days or less from the start date of a class, we do not issue course credits or refunds. Refunds will be granted for any course that is cancelled due to low enrollment.

## We are now the home of Parent Education programs!

For many years, The Center for Parents and Teachers has provided parenting workshops to the community. CPT closed its doors in June but its mission and work will now be part of CCACE. Our goal is to continue to provide expert-led programs for ongoing and new challenges that face our children and families.

More programs will be added; check our website and look in your school newsletters for more information on these online programs!

### Teach Children to Manage their Time, Space and Materials (and keep their emotions in check)!

#### Powerful Strategies to Help Children Develop Independent Executive Function Skills

with Sarah Ward

Executive function skills refer to the mental skills we use to pay attention, to organize and plan tasks and materials, to start tasks and stay focused on them, to manage emotions and be flexible, and to keep track of what we are doing. Young children rely on these skills to follow a sequence of instructions for daily tasks while older children need these skills to “break a task down” into a sequence of steps and organize a timeline as the demands for independent learning increases. These skills can impact students at home, school and in social situations.

In these practical strategies seminars parents and professionals will develop a solid understanding of what the executive function skills are and how they impact a student’s academic and personal performance.

#### For Elementary School Families:

Parents will:

- **Develop** a solid understanding of what the executive function skills are.
- **Learn** how to promote the development of the executive function skills by weaving them naturally into everyday activities.
- **Learn** easy to implement strategies to help children initiate tasks, follow routines, transition between tasks and think in an organized way and encourage self-initiative to manage materials, homework and tasks.
- **Easy strategies** to help students understand time demands and internally feel the sweep of time to focus and complete tasks in allotted time frames. Show students the process of how to plan and complete homework, tasks and chores with less supervision and fewer prompts.



We | Oct 12 | 7-8:30 pm | Online | \$20

#### For Middle and High School Families:

**Families:**

Learn practical strategies to:

#### Improve time management

- Building an internal sense of the sweep of time, including how to create and stick to time markers; identify and manage time robbers
- Manage of daily time
- Long term project management. Reducing procrastination, understanding task demands and prioritizing steps

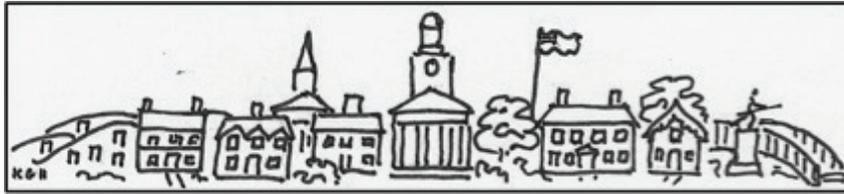
#### Task completion

- Teach students how to break down complex tasks and assignments and then plan for, organize and initiate tasks
- Teach students to be a ‘mental time traveler’ and pre-experience the physical actions to complete a task in prospective time and space.
- Learn how to increase a student’s spatial temporal window or how far into the future they can see and sustain prospective planning
- Improve organization of materials, papers and personal belongings

Tu | Oct 18 | 7-8:30 pm | Online | \$20



Sarah Ward, M.S., CCC/SLP has over 25 years of experience in diagnostic evaluations and treatment of executive dysfunction. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions. Sarah is an internationally recognized expert on executive function and presents seminars and workshops on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to and consulted with over 1600 worldwide.



Village University, established in 2003, was inspired by Elliot and Alma Ring, and offers courses for mature learners who are seeking stimulating study and conversation about interesting topics. The courses are taught by academics, scholars, and educational leaders who volunteer to share their knowledge and inspire others. Our volunteer instructors bring the best university-level learning experiences to our community.

**Registration will open on August 24th at 9:00 am by email only.**

**Email [ace@concordps.org](mailto:ace@concordps.org) with your full name, address, and phone number.**

**You will receive an email confirmation once you are registered.**

**We request a donation of \$60 for the first course and \$30 for each additional Village University course.**

**Once you are registered, you can donate online or call 978-318-1432.**

**Checks can be made out to CCACE and mailed to 500 Walden St, Concord 01742.**



## **Basic Music Theory for Seniors (and other friends...)**

**with Keith Daniel**

Are you one of those many people who wish they knew more about the language and idiom of music, thinking that would enhance their listening - and perhaps even performing - experience? Well, here's your chance! This basic music theory course, taught in person, will take you from "What is a staff?" to "Now I know what it means to be in the key of F major!" You may want to bring staff paper to "take notes" (pun intended), and there might even be a bit of homework... But you will leave with a thorough understanding of the complicated, but brilliant, language of music. And then you can impress your friends and family! *No class 9/26 or 10/10.*

**10 Mo | Sep 12-Nov 28 | 10-11:15 am | at West Concord Union Church**

## **High Impact Issues in the Supreme Court – 2022 cases with Bill Cotter**

The Supreme Court now has a solid 6-3 Conservative supermajority. Bill will first explore what this may mean for the rule of law and the roles that Justices Amy Coney Barrett, appointed by President Trump, and Ketanji Brown Jackson, appointed by President Biden, will likely play in future decisions. We will then discuss leading cases decided last term. These concern: abortion, gun rights, voting rights, freedom of religion, free speech, malicious prosecution of police officers, death penalty for the Boston Marathon Bomber, tribal rights, school prayer and the Miranda warning. There are required readings and vigorous and respectful discussion is encouraged. All the cases are new and prior participants are most welcome.

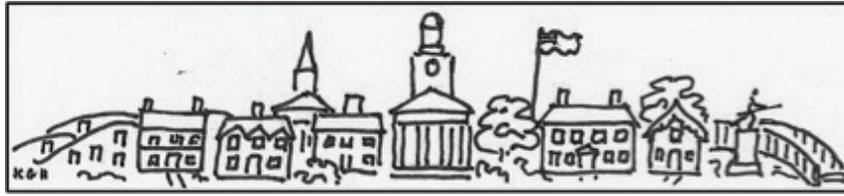
**4 Tu | Sep 20-Oct 11 | 10 am-12 pm | at Newbury Court**

## **What is Confucianism? with Tony Fairbank**

In this course we will examine the central philosophy of traditional China and East Asia (China, Korea, Japan, and Vietnam). The teachings began with the person of Confucius (551-479 BCE) and his students, centered in the pre-imperial Chinese state of Lu (today's Shandong province). The main written record of Confucius and his teachings may be found in a text called the Analects which consists of conversations "the Master" had with his many students. The tradition begun by this small group from Eastern China grew to become state orthodoxy not only for imperial China itself, but for the other states of East Asia as well. We will use a book by Daniel K. Gardiner called *The Four Books: the Basic Teachings of the Later Confucian Tradition* (2007), which offers an introduction and excerpts from the Analects as well as three other texts which served as the core curriculum for those seeking government employment through the imperial examination system. We will look at Confucius and his times, and survey the two thousand years of texts and tradition which have served as the unifying political, social, and philosophical ideal for all of East Asia. We will also look at excerpts from biographies of Confucian scholars from third and fourth century China which have been translated for the first time by the instructor.



**6 Tu | Sep 20-Oct 25 | 1-2:30 pm | Online**



**The Psalms and Religious Singing  
with Dale Landis**

The magnificent poetry of the 150 Psalms of the Hebrew Bible ranges from public Israelite liturgy to personal prayers expressing individual life and spirit. They communicate central religious and ethical themes, and human emotions from anger and dread to ecstatic joy. We will consider the relation of Psalms to other scriptural books such as Torah, wisdom, prophets, and gospels. We will read a limited representative selection and discuss their poetic structure, themes, and original context. The Psalms have a great legacy in congregational songs of synagogues, churches and other worshipping groups, as well as in folk songs and spirituals. We will listen to a sample of such songs, discuss their social background, and see how they reflect the Psalms in theme, emotion, communal spirit, and (at their best) literary distinction. *No class 10/5.*

6 We | Sep 21-Nov 2 | 10-11:30 am | Online



**Current Controversies in American  
Medicine**

**with Richard Cornell**

Improving human health outcomes and health care delivery does not happen without controversy involving science and economics. We will explore existing controversies across that breadth of population sizes. Healthcare involves global issues like vaccines and small groups such as those with rare genetic diseases. The scientific aspects will be presented in a way to avoid jargon and a need to have any medical background. There will be an emphasis on the crucial roles of the decision processes of the Food and Drug Administration, health insurers, and Medicare and Medicaid. Active class participation will be encouraged to better illuminate the issues presented and their relevance to our individual and collective health. *No class 10/5.*

5 We | Sep 21-Oct 26 | 1-2:30 pm | Online

**Genre Painting in the History of Art  
with Nancy Baker**

Genre painting offers us a glimpse at the way ordinary people have lived their lives over the centuries. We'll look at paintings of human activities and behavior from antiquity to contemporary society. Artists convey back to us our relationships and our lifestyles, acting as social reformers and critics. Enjoy learning how to look at paintings and trace the history of periods and styles in western art.



Each week you will see about 30 works of art and follow along with a handout of terms and/or charts which includes a list of art shown. (These will be emailed to you.) Nancy has a light approach with humor and a casual conversational style. She likes engaging with you, hearing your ideas, and getting to know you! Please feel that you can email her if you have a question or want to chat electronically about a particular work of art or idea. She promises that she will get back to you.

5 Th | Sep 29-Oct 27 | 10-11:30 am | Online

CCACE is thrilled to be able to offer Village University programs to our community members. We request a donation of \$60 for the first course and \$30 for each additional Village University course. Adult & Community Education is self-funded through the programs it offers. The Village University is supported entirely by voluntary donations which help us maintain, promote, and provide scholarship opportunities for the CCACE programs.



## English Language Learner

with Amanda Haeni & Laurel Jackson

We will place you in classes according to level. Scholarships are available - see the box below for details. Visit [concordcarlisle.org/adult-ell](http://concordcarlisle.org/adult-ell) for more information and to complete the following steps:

1. Fill out our general inquiry form.
2. Take the placement test.

Once you have filled out the form and taken the test, we will register you in the appropriate level. *No class 11/22 or 11/24.*

24 Tu & Th | Sep 13-Dec 8 | 7-8:30 pm | \$495



Scholarships for our ELL program are made possible through a grant from Middlesex Savings Bank.

Apply online at  
[www.concordcarlisle.org/scholarship/](http://www.concordcarlisle.org/scholarship/)

World language classes are designed to be ongoing, beginning in September and continuing throughout the winter and spring sessions. You are encouraged but not required to take all three semesters, Fall, Winter & Spring. If you are unsure of your level, please contact us prior to registering.

## French Lunch Lessons - Déjeuners en Français with Grace Butler

What better way to revive and maintain your French language skills than over lunch! For the first meeting, we suggest you pack a lunch (un bon sandwich fromage/jambon, par exemple). After that, we will decide together what direction the course will take. Conversational topics might include: cuisine, restaurants, and travel, and could also include cinema, theatre, and literature. Language and grammar points will be discussed as needed or requested. A basic comfort with spoken French is recommended. Ideal for intermediate and advanced level students.

8 Th | Sep 29-Nov 17 | 12-2 pm | at Main Library | \$209

## Hebrew Level I with Natasha Shabat

Whether your goal is to speak to Israelis, read the Hebrew Bible in its original language, or follow along at Shabbat services, get a solid foundation in this unique language. Expect lively class discussions and optional weekly homework assignments. Level 1 will start at the beginning with the Alef Bet and Hebrew vowels, and progress to simple conversation and reading short texts. **Please purchase *The First Hebrew Primer: The Adult Beginner's Path to Biblical Hebrew*, Third Edition 3rd Edition (ISBN: 978-0939144150).** *No class 10/10.*

8 Mo | Oct 3-Nov 28 | 12:30-1:45 pm | Online | \$155

## Hebrew Level II with Natasha Shabat

Whether your goal is to speak to Israelis, read the Hebrew Bible in its original language, or follow along at Shabbat services, get a solid foundation in this unique language. Expect lively class discussions and optional weekly homework assignments. Discover the inner elegance of Hebrew grammar and become your own translator. After a quick review of Hebrew verbs in the past and future tenses, progress to more complex reading comprehension using examples drawn from modern life, the Bible, the Hebrew prayer book, and fairy tales. Each week we'll begin with "Hebrew in the Wild"—examples of Hebrew found outside of class, brought in by Natasha, and by you, too! **Please purchase *The First Hebrew Primer: The Adult Beginner's Path to Biblical Hebrew*, Third Edition 3rd Edition (ISBN: 978-0939144150).** *No class 10/10.*

8 Mo | Oct 3-Nov 28 | 2:30-3:45 pm | Online | \$155



### Meet Rita!

Rita Abela is an enthusiastic Italian speaker with more than 20 years experience in teaching Italian as a Second Language at different levels. She has a deep knowledge of the Italian culture that she tries to incorporate in her lessons.

### Italian for Beginners

with Rita Abela

Benvenuti! Come and join me in learning the basic structures of this wonderful language. You will learn basic grammar structures, vocabulary and practice simple conversations through a variety of activities. **Please purchase *Italian Now, L'Italiano d'oggi*, by Marcello Danesi, Barron's, level I second edition. No class 11/24.**

10 Th | Sep 22-Dec 1 | 5-6 pm | Online | \$145

### Italian for Beginners - Continued

with Rita Abela

Benvenuti! This class is intended for students who started in the beginner class last year with Rita. Come and join us in learning the basic structures of this wonderful language. You will continue to learn basic grammar structures, vocabulary and practice simple conversations through a variety of activities. **We will continue using *Italian Now, L'Italiano d'oggi*, by Marcello Danesi, Barron's, level I second edition. No class 9/26 or 10/10.**

10 Mo | Sep 19-Dec 5 | 6:30-7:30 pm | Online | \$145

### Italian II

with Rita Abela

Bentornati! Come and join me again to expand your knowledge of Italian. This class is open to people who have already taken Italian for Beginners or have some knowledge of Italian. We will continue to learn the fundamentals of the language through a variety of activities and methods. We will cover new vocabulary, sentences, grammar rules, along with easy conversations on daily activities. **No class 9/26 or 10/10.**

10 Mo | Sep 19-Dec 5 | 5-6:30 pm | Online | \$205

### Italian Intermediate

with Rita Abela

This course is open to students who have already taken Italian Level III in the past. It will expand vocabulary and introduce new grammar structures through short stories, easy readings, language drills. Participants will engage in group conversations about everyday situations in order to build vocabulary and communication skills. **No class 11/24.**

10 Th | Sep 22-Dec 1 | 6-7:30 pm | Online | \$205

### Spanish for Beginners

with Mary Ann Price

Have you been wanting to learn Spanish? Come and enjoy learning a new language in a relaxed and supportive atmosphere. In the Beginning Spanish class, you will be immersed in the language, learn practical vocabulary, watch videos, and have conversations with classmates in which you practice your speaking skills each week. This course is for those with little or no knowledge of Spanish. **Please purchase *Pensar y aprender Libro 1 (Curso de español)* (ISBN 978-2921445207). No class 10/4.**

8 Tu | Sep 20-Nov 15 | 6-7:30 pm | Online | \$169

### Spanish Conversation I

with Diana Garcia-Martinez

Would you like to speak Spanish fluently, already have a knowledge base of advanced grammar and a wide vocabulary base but need to practice and improve? You will be required to prepare presentations of a topic of your interest, current events, etc. The group will listen and discuss the content of the presentation, learn new vocabulary and review grammar points. Join us--you will improve your Spanish, have fun, and enjoy interesting discussions with the other participants. **No class 9/26 or 10/10.**

8 Mo | Sep 12-Nov 14 | 6-8 pm | Online | \$209

### Spanish Conversation II

with Diana Garcia-Martinez

Do you speak Spanish fluently, have a solid knowledge base and strong vocabulary, but don't have much opportunity to practice or improve? This class will provide ample opportunities for you to practice your Spanish as we read about and discuss current events, short articles and stories. We will have group discussions and explore different perspectives about an issue. Join us--you will improve your Spanish, have fun, and enjoy interesting discussions with the other participants. **No class 10/4.**

8 Tu | Sep 13-Nov 8 | 5-7 pm | Online | \$209



## The Art and Pleasure of Literary Translation

with Barbara Thimm

Literary translation is a rewarding practice that allows us to deepen our reading and writing skills. In this two-hour class, we will look at literary translation as a reading and writing practice. We will compare different translations of the same text and try our hand at various translation exercises. You are encouraged to read this article in Lithub where 10 translators speak about their approaches to literary translation: <https://lithub.com/10-literary-translators-on-the-art-of-translation/>  
We | Sep 21 | 4:30-6:30 pm | at CCHS | \$35

## Introduction to Literary Translation

with Barbara Thimm

In the act of translating, we come closer to the literary object than anyone else except the writer who has created it; and in so doing, we learn something about ourselves as writers. Writing is an open field of invention, while translation offers a limited space in which to observe and practice the rules of writing. It should come as no surprise that so many writers become translators at some point in their careers. There is no better writer's workshop.

Literary translation is a rewarding intellectual and creative practice. It asks us to pay close attention to many different elements in the original, such as vocabulary, syntax, and rhythm, and to think about the possibilities of transforming our observations into a literary text. Our engagement with literary translation thus requires skill, imagination, and a sensitive reading of the text we are translating.

This class offers an introduction to literary translation: we will compare and contrast multiple translations of a single text, discuss different approaches to translating and explore the practical side of translation through a variety of exercises. You will have developed a deeper appreciation of translation and its complexities at the end of the class. All language levels are welcome.

4 We | Oct 19 - Nov 9 | 4:30-6:15 pm | at CCHS | \$99

## An Introductory Haiku Workshop

with Brad Bennett

Celebrate the extraordinary in the ordinary with the most popular poetry form in the world! Haiku connect us more deeply to the natural world and can provide solace in difficult times. In this three-part on-line class, we will learn about the history and key elements of haiku, including concision, a seasonal setting, and the juxtaposition of concrete experiences. Using writing prompts, we will also try our hand at writing some haiku poems. Everyone is welcome to this fun and supportive workshop, beginners and folks who have written haiku before.

3 Tu | Oct 11-25 | 6:30-8 pm | Online | \$49

## Japanese Aesthetics in Haiku

with Brad Bennett

The haiku, a very concise poem that highlights the extraordinary in the ordinary moments of our lives, originated in Japan over 400 years ago. Japanese aesthetic concepts have influenced haiku writing for centuries. In this six-part on-line class, we will start with an introduction to the major elements of haiku, and then we will examine six Japanese aesthetic concepts and how they continue to inform modern English-language haiku. Wabi sabi is the appreciation of beauty in that which is imperfect, incomplete, or impermanent. Yugen means quiet grace and mystery. Ma can be defined as an emptiness full of possibilities. Mono no aware is about pathos and deep compassion. If you write with Karumi, that means that you write with a light touch. Zoka is the dynamic energy of nature. Each week, we will also try our hand at writing haiku inspired by these Japanese concepts. *No class 11/22*

6 Tu | Nov 1-Dec 13 | 6:30-8 pm | Online | \$105

## Writing on the Issues We Care About: How to Craft Op-Eds, Letters to the Editor and Other Opinion and Advocacy Pieces

with Áine Greaney

Most of us can remember a time when hearing or reading someone's story changed our minds or opinion(s). In this class, we will examine how to use or advance your writing skills in order to advocate for social equity, public policy or to broaden the public understanding of a local or national issue. In addition to opinion writing, we will learn how to find messaging partners. We will also learn how to communicate our message in clear, jargon-free language. Also, we will build skills in weaving relevant data or research into the narrative to support our argument and inform our readers while keeping them engaged in the story. The class is suitable for anyone, including those who volunteer or work for non-profits or local organizations. The session include discussion and short, optional writing exercises.

Tu | Oct 4 | 4-5:30 pm | Online | \$39

## Writing for Daily Wellness and Self-Care

with Áine Greaney

This class will help you to discover how to use expressive or emotional writing as part of your daily, self-care toolbox. The session includes a brief overview of the research supporting the health and wellness benefits of writing (over 300 clinical studies). It will guide you as you begin to build a daily wellness writing practice—even when or if you're balancing child-care, work, volunteering or caregiving. We will share online resources on sustaining your practice and include in-class, optional writing exercises that can be hand written or typed on your phone. Note: Everyone is welcome and you do not have to be a writer to join our class.

Tu | Oct 11 | 7-8:30 pm | Online | \$39



### Meet Áine!

Irish native Áine Greaney is a published author who currently lives on the North Shore. In addition to her five published books, her essays, stories and travel features have appeared in publications such as The Boston Globe Magazine, Books Ireland, The Irish Times, WBUR Cognoscenti, Cara (Aer Lingus' in-flight magazine), Merrimack Valley Magazine, The Wisdom Daily and others. In addition to writing, she designs and teaches creative and expressive writing workshops for virtual and in-person settings, including local libraries, municipalities, universities and wellness centers. Her website: [www.ainegreaney.com](http://www.ainegreaney.com)



### Would you like to teach for CCACE or do you have an idea for a new class?

We are always looking for new ideas and enthusiastic teachers who are eager to share their expertise with us!

Fill out the course proposal form at [concordcarlisleace.org/teaching-opportunities/](http://concordcarlisleace.org/teaching-opportunities/)

### Home Alone Safety for Kids

with Frank Oliveiri

This program is for students in grades 3-6 and we encourage the participation of one or both parents.

Knowing when your child is ready to stay home alone is a difficult decision, and preparation can make the transition much easier for you and your child! Home Alone Safety is a readiness program that helps prepare your child while building self-confidence, a sense of responsibility, and proper decision making abilities. This program is a stepping stone for younger grades as they explore and become comfortable with the idea of being home, and for older grades to better understand and gain confidence with being home alone. This course will teach basic safety guidelines through a variety of fun, interactive activities, discussions, and situational role-playing. Topics include:

- Confidence & Readiness Strategies
- Trust, Communication, & Good Decision Making
- Creating a Safe and Positive Environment
- Checking-In with Parents
- Walking Home & Arriving Home Safely
- Securing Your Home
- Someone is at the Door
- Handling Real-Life Situations and Emergencies
- Safe Snacks & Activities
- Taking Care of Siblings & Pets
- Creating an Emergency Contact List
- Creating Action Plans

Guidebooks and parent handouts will be provided via PDF attachment prior to the course. Materials will be included for parents and guardians to create safe environments and family emergency action plans.

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We | Oct 12 | 2-4 pm | at Alcott School | \$49

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**Check out our  
College & Test Prep programs on page 6!**



**Instrumental Music School  
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**Providing private music lessons for over  
40 years for students of all ages.**

**Learn more about programs on page 14!**



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[ed2go.com/Concord](https://ed2go.com/Concord)

- Twelve Steps to a Successful Job Search
  - Medical Terminology
  - Introduction to Microsoft Excel 2016
  - Human Anatomy and Physiology
  - Grammar Refresher
  - A to Z Grant Writing
  - Accounting Fundamentals
  - Project Management Fundamentals
  - Speed Spanish
  - Certificate in Food, Nutrition, and Health
  - Keyboarding
  - Explore a Career in Medical Coding
  - Introduction to Natural Health and Healing
  - Discover Sign Language
  - Creating WordPress Websites
  - Administrative Assistant Fundamentals
  - Understanding Adolescents
  - Certificate in Gerontology
  - Medical Math
  - Spanish For Medical Professionals
  - Fundamentals of Supervision and Management
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- ...and More!**

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# Certificate Programs

Get professional development with us online!

In these programs you will access the online readings, listen to the audio presentation and view the slides, take a self-quiz, and engage in written online discussion with your instructor and other participants.

You can participate any time of day or evening. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings.

\*Classes can also be taken individually or as part of the certificate program



## **Bookkeeping Certificate: \$495**

- Understanding Debits and Credits
- General Ledger and Month End Procedures
- Closing Procedures and Financial Statements

## **Certificate in Accounting and Finance for Non Financial Managers: \$495**

- Accounting and Finance for Non Financial Managers
- Financial Analysis and Planning for Non Financial Managers
- Cash is King

## **Certificate in Basic Game Design: \$395**

- Intermediate Video Game Design
- Introduction to Game Design

## **Certificate in Non profit Administration: \$595**

- Revenue Generation for Nonprofits
- Program Evaluation for Nonprofits

## **Certificate in Web Design: \$595**

- Introduction to Web Design
- Intermediate Web Design
- Advanced Web Design

## **Certificate in Workplace Communication: \$595**

- Conflict Management
- Negotiation: Get What You Want
- Using Personality Profiles for Better Work Performance

## **Digital Marketing Certificate: \$495**

- Improving Email Promotions
- Boosting Your Website Traffic
- Online Advertising

## **Entrepreneurship Certificate: \$595**

- Entrepreneur Boot Camp
- Business Plan
- Entrepreneurial Marketing

## **Graphic Design Software Essentials Certificate: \$545**

- Adobe InDesign Essentials
- Adobe Illustrator Essentials
- Adobe Photoshop Essentials

## **Management Certificate: \$595**

- Management Boot Camp
- Collaborative Management
- Managing Generations in the Workplace

## **SQL Certificate: \$595**

- Introduction to SQL
- Intermediate SQL
- Advanced SQL

### Scholarships

Scholarships are made possible in part by a grant from the Concord-Carlisle Community Chest. **Apply online at [www.concordcarlisleace.org/scholarship/](http://www.concordcarlisleace.org/scholarship/)** This helps to make lifelong learning a reality for local community members who require some financial assistance. Your application for assistance is confidential. The Community Chest opens the doors of learning for everyone. For more information or to donate, visit [www.cccommunitychest.org](http://www.cccommunitychest.org).



### Hugh Cargill Trust

The Hugh Cargill Trust Committee has been working in partnership with the CCACE to provide partial Driver's Ed scholarships to deserving Concord high school students. The mission of the Hugh Cargill Trust is to provide short-term emergency financial assistance to Concord residents. Town residents request aid by leaving a phone message at the Town House: 978-318- 3100, ext. 2030. The Committee can be contacted through email at [hctc@concordma.gov](mailto:hctc@concordma.gov). All requests are kept confidential.

### Middlesex Savings Bank

Scholarships for our ELL program are made possible through a grant from Middlesex Savings Bank. Middlesex Savings Charitable Foundation was established in 2000 to help carry out the philanthropic mission of Middlesex Savings Bank. The Foundation has provided more than \$14 million in grants to local non-profit organizations, supporting services and programs in a wide variety of fields, including education and basic human services. Since the inception of the Foundation, Middlesex Savings Bank has funded the endowment with over \$25 million in contributions. More information is available at <https://www.middlesexbank.com/about-us/community-support/middlesex-savings-charitable-foundation>.



**Help make ACE classes affordable for everyone**



Please consider giving to our scholarship fund. To donate, visit [concordcarlisleace.org/donate](http://concordcarlisleace.org/donate) or select the option to donate when registering.

### Etcetera

CCACE reserves the right to change instructors if necessary and correct prices, dates, or times due to typographical errors in our catalog or website. The opinions, views, or recommendations expressed by instructors are their own and do not necessarily reflect those of CCACE. CCACE does not endorse any service or product recommended or offered by instructors.

### Gift Certificates

Perfect for any occasion! Join together with friends and family near and far for a virtual night of fun! Contact the office.

### About CCACE

Concord Carlisle Adult & Community Education (CCACE) is a self-sustaining branch of Concord-Carlisle Public Schools, dedicated to lifelong learning for all ages. CCACE connects local citizens through collaborative community outreach, classes and educational events. Our aim is to provide unique programming that will inspire joy and nurture passions.

### CCACE Advisory Committee

Paula Casey, Concord, Chair	Carol Murphree, Carlisle
John Ballantine, Carlisle	Alison Pray, Carlisle
Claudia Feeney, Concord	Steve Reznak, Concord
Marla Iyasere, Concord	Sara Wilson, Carlisle
Kim Kossmann, Concord	School Committee Liaison
Barbara Magee, Concord	

### Concord-Carlisle Regional School Committee

Tracey Morano, Chair	Carrie Rankin
Sharon Whitt, Vice Chair	Cynthia Rainey
Alexa Anderson	Sara Wilson
Courtland Booth	

**How to Register:**



[www.concordcarlisleace.org](http://www.concordcarlisleace.org)



978-318-1432



500 Walden Street  
Concord, MA 01742  
\*Make checks payable to CCACE

### Who Can Enroll?

Anyone can enroll in our programs at the same tuition. Adult classes are open to ages 18+, unless otherwise specified. Younger students are welcome to enroll if a parent/guardian also enrolls.

### Registration

Classes are filled on a first-come, first-served basis. Payment in full is due at the time of registration to secure your space. Once you enroll, you will receive a confirmation by email. If you do not see the email, check your spam or promotions folders. Please register early!

If a class needs to be cancelled due to low enrollment, you will be notified 2 business days prior to the start date and receive a full refund. A \$25 fee for all checks returned due to insufficient funds will be charged and added to your course tuition, in accordance with MGL Ch 60, Sec 57A.

### Refunds & Course Changes

If you withdraw 1 week or more before the start date of a class, we will issue you a credit (good for 18 months from the date of issue). If you prefer, we will refund the class tuition minus a \$10 processing fee. Withdrawals from courses and events under \$25 are only eligible for a course credit. If you withdraw 6 days or less from the start date of a class, we do not issue course credits or refunds.

### Redeeming Credits

If you have an existing credit, you can register online and apply it at checkout or contact us before registering.

### Waitlists

If the class you want is full, sign up for the waitlist. There is no charge and we often get last-minute changes or add sections.

### Virtual Class Information

Many of our classes will be on Zoom. We strongly recommend that you test your device and get comfortable with the platform before the start of your class. **Zoom links are emailed the day before the class.** If you do not see it, check your spam folder and contact the office.

**Also, while it may be easy to share a screen when joining a class from home, we do require each participant to be registered separately unless otherwise noted.**

### Class Materials

Some classes may require you to purchase supplies beforehand which is indicated in the class descriptions. Register early to give yourself time to acquire the materials needed.

### In-Person Class Locations

All in-person classes are at Concord-Carlisle High School (500 Walden St, Concord) unless otherwise indicated.

- Acton-Boxborough High School: 36 Charter Rd, Acton
- Alcott Elementary School: 93 Laurel St, Concord
- Concord-Carlisle High School: 500 Walden St, Concord
- Concord Library Main Branch: 129 Main St, Concord
- Daisy Hill Farm: 64 Wood Ln, Acton
- Newbury Court: 100 Newbury Court, Concord
- The Robbins House: 320 Monument St, Concord
- West Concord Union Church: 1317 Main St, Concord

freepik.com: Airplane (p.2), Closeup of diverse people joining their hands (p.14), Light bulb idea (p.28) by rawpixel.com; Colourful (p.2), Flute, Guitar (p.13); Creative world book day assortment (p.24), Close up hand taking notes (p.27) by freepik; Vegetables (p.2) by master1305; Road (p.2) by welcomia; Doctor's hands (p.2), Passport on top of a world map (p.5) by jan-noon028; Stacking wooden blocks is at risk in creating business growth ideas (p.28), Paper heart (p.12, 29) by jcomp; Light bulb (p.17, 25) by dashu; Freelance young Asian businesswoman (p.2); Trumpet (p.15) by photogenia; Schoolboy and mother (p.19) by bearfotos; Little girl with dad dressed in super heroes, happy loving family (p.19) by pvproductions; Word english with globe over wooden background (p.22) by Waewkidja.

## Contact Information

First Name		Last Name	
Address			
City		Zip	
Phone #		Email	

## Course Information

Start Date	Course Name	Fee
	<b>Total</b>	

## Billing Information

Cash \_\_\_\_\_ Check/MO \_\_\_\_\_ Credit Card \_\_\_\_\_

Name on card		Exp Date	
Card #		CVV	

## Contact Information

First Name		Last Name	
Birth Date		Grade	
School			
Parent/Guardian			
Address			
City		Zip	
Phone #		Email	
Emergency Contact		Phone #	

## Course Information

Start Date	Course Name	Fee
	<b>Total</b>	

## Billing Information

Cash \_\_\_\_\_ Check/MO \_\_\_\_\_ Credit Card \_\_\_\_\_

Name on card		Exp Date	
Card #		CVV	



# Concord Carlisle Adult & Community Education

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2 of our exciting programs:



Can We  
**TALK**



International  
Institute of  
New England

### Safe Landing: Refugee Resettlement in Massachusetts Communities

1. Better understand U.S. federal and state humanitarian relief programming and provider services.
2. Learn about current initiatives to welcome thousands of Afghan, Ukrainian, Haitian and other populations in Massachusetts, from a former refugee!
3. Learn about the International Institute of New England's Resettle Together community partnership opportunity and how your community can get involved.

**Join us for this informative session:  
Thursday | October 20th | 7-9 pm  
at CCHS | \$35**

See page 5 for details



LEAGUE OF  
WOMEN VOTERS®

### Concord & Carlisle: Our Communities Through a Diversity, Equity & Inclusion Lens organized by the League of Women Voters of Concord-Carlisle

- History: A Focus on Indigenous People and African Americans and their roles in the towns
- Education: Public & Private Education: How to ensure that all students feel welcome and included
- Housing: An understanding of the factors which influenced housing in these communities and how housing and land use has influenced social, economic and racial diversity in these towns

**Join us on Sep 29, Oct 13, Oct 27 & Nov 10**

See page 14 for details